

RESTRAINT OBSERVATION SHEET

U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 31 MAR 06 Limb Restrained: Time In: Time Out: Limb Restrained: Time In: Time Out:

Left arm 0910 1110 Left leg 0910 1110

Right arm 0910 1110 Right leg 0910 1110

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| | | | Q. Other: See Notes (SF 509) |

* Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0730			1330			1930		
0145			0745			1345			1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845			1445			2045		
0300			0900	1, 12, 13 BE, I	(b)(3):1	1500			2100		
0315			0915	1, 12, 13	0 USC	1515			2115		
0330			0930	1, 12, 13	§130b, (b)(6)	1530			2130		
0345			0945	1, 12, 13		1545			2145		
0400			1000	1, 12, 13		1600			2200		
0415			1015	1, 12, 13		1615			2215		
0430			1030	1, 12, 13		1630			2230		
0445			1045	1, 12, 13		1645			2245		
0500			1100	1, 12, 13		1700			2300		
0515			1110	1, 12, 13		1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		
Signature		Initials	Signature		Initials	(b)(3):10 USC §130b, (b)(6)					

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
		INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE	
30 MAR 06		Detainee placed in (b)(2)	Reason for Restraint: Medical Necessity
C1431		Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.	
		His behavior is due to his refusal to eat and not due to mental status change or illness.	
		Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered	
		food at every meal, yet he refuses to eat. Because the	
		detainee refuses to eat, restraints were initiated for medical necessity for feeding.	
		Detainee will be observed continually and he will be reminded of how his behavior must	
		change (he must eat voluntarily) to avoid the use of medical restraints for present	
		and future feedings. Detainee was told that he will remain in medical	
		restraints until feed and post feed observation (60-120 minutes)	(b)(3):10 USC §130b,(b)(6)
		GITMO Nurse	
		PROCEDURE NOTE: INSERTION OF FEEDING TUBE	
30 MAR 06		Indication: Malnutrition; hunger strike	(b)(3):10 USC
C1431		Under local anesthesia (viscous lidocaine, 2%)	(b)(3):10 USC §130b,(b)(6)
		inserted in the X R	(b)(3):10 USC §130b,(b)(6)
		stril using standard procedure. A st	(b)(3):10 USC §130b,(b)(6)
		Patient tolerated the procedure well. Placement in stomach was confirmed by	(b)(3):10 USC §130b,(b)(6)
		insufflation and test dose of water. Successful procedure without complications	(b)(3):10 USC §130b,(b)(6)
		GITMO Dr. / Nurse	
		DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE	
30 MAR 06		Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding	
C1625		and was released from restraints and returned to his cell in good condition. Detainee was	(b)(3):10 USC §130b,(b)(6)
		released from restraints at 1625. Detain	(b)(3):10 USC §130b,(b)(6)
		episode. Detainee reported the following problems related to the restraint episode.	(b)(3):10 USC §130b,(b)(6)
		GITMO Nurse	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

PROGRESS NOTES
Medical Record

#693

STANDARD FORM FOR (REV. 1-11)
Prescribed by GSA/PMR, 1 IFMR (4-10)

Received 24 February 2002; accepted 10 June 2002

Time Out:

Time Out

19. Crawling
20. Noncommunicative
21. Destructive Behavior
22. Disrobing
23. Urinating/defecating on floor
24. Other: See Notes (SF 509)

M. Bath/shower (qd)*
N. Bath/shower refused
O. Pt/staff interaction
P. VS (q 4 hr)*
Q. Other: See Notes (SF 509)

#693

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
		INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - NURSING NOTE	
30 MAR 21		Detainee placed in (b)(2)	Reason for Restraint: <u>Medical Necessity</u>
C 0825		Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.	
		His behavior is due to his refusal to eat and not due to mental status change or illness.	
		Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered	
		food at every meal, yet he refuses to eat. Because the	
		detainee refuses to eat, restraints were initiated for medical necessity for feeding.	
		Detainee will be observed continually and he will be reminded of how his behavior must	
		change (he must eat voluntarily) to avoid the use of medical restraints for present	
		and future feedings. Detainee was told that he will remain in medical	
		restraints until feed and post feed observation (60-120 minutes).	(b)(3):10 USC §130b.(b)(6)
		GITMO Nurse	
		PROCEDURE NOTE: INSERTION OF FEEDING TUBE	
30 MAR 21		Indication: Malnutrition; hunger strike	
C 0825		Under local anesthesia (viscous lidocaine, 2%)	(b)(3):10 USC
		inserted in the (b)(3):10 USC	12.5 enteral feeding tube was
		stomach using standard procedure. A (b)(3):10 USC	was not used.
		Patient tolerated the procedure well. Placement in stomach was confirmed by	
		insufflation and test dose of water. Successful procedure without complications.	(b)(3):10 USC §130b.(b)(6)
		GITMO Dr. / Nurse	
		DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE	
30 MAR 21		Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding	
C 1930		and was released from restraints and returned to his cell in good condition. Detainee was	
		released from restraints at 1930	(b)(3):10 USC
		Detainee did not have physical injury from the restraint	
		episode. Detainee reported the following problems related to the restraint episode	
		GITMO Nurse	

(continue on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

693

PROGRESS NOTES
Medical Record

STANDARD FORM 105 (REV. 1-81)
Prescribed by GSA GEN. REG. (41 CFR)

© 2000 Blackwell Science Ltd, *Journal of Internal Medicine* 247: 105–112

Time Out:

1425
1425

19. Crawling
20. Noncommunicative
21. Destructive Behavior
22. Disrobing
23. Urinating/defecating on floor
24. Other: See Notes (SF 509)

- M. Bath/shower (qd)*
- N. Bath/shower refused
- O. Pt/staff interaction
- P. VS (q 4 hr)*
- Q. Other: See Notes (SF 509)

693

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
3/29/06 @ 1330	INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE		
	Detainee placed in (b)(2)	Reason for Restraint: Medical Necessity	
	Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.		
	His behavior is due to his refusal to eat and not due to mental status change or illness.		
	Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered		
	food at every meal, yet he refuses to eat. Because the		
	detainee refuses to eat, restraints were initiated for medical necessity for feeding.		
	Detainee will be observed continually and he will be reminded of how his behavior must		
	change (he must eat voluntarily) to avoid the use of medical restraints for present		
	and future feedings. Detainee was told that he will remain in medical		
	restraints until feed and post feed observation (60-120 minutes)	(b)(3):10 USC	
		§130b,(b)(6)	
	GITMO Nurse		
3/29/06 @ 1330	PROCEDURE NOTE: INSERTION OF FEEDING TUBE		
	Indication: Malnutrition; hunger strike		
	Under local anesthesia (viscous lidocaine, 2%), a 10 F 12 F enteral feeding tube was		
	inserted in the R/L nostril using standard procedure. A stylet was / was not used.		
	Patient tolerated the procedure well. Placement in stomach was confirmed by		
	insufflation and test dose of water. Successful procedure without complications.		
	GITMO Dr. / Nurse		(b)(3):10 USC §130b,(b)(6)
3/29/06 @ 1520	DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE		
	Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding		
	and was released from restraints and returned to his cell in good condition. Detainee was		
	released from restraints at 1520. Detainee had / did not have physical injury from the restraint		
	episode. Detainee reported the following problems		(b)(3):10 USC §130b,(b)(6)
	GITMO Nurse		episode.
	(continue on reverse)		

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

PROGRESS NOTES
Medical Record

STANDARD FORM 600 (REV. 7-76)
Prescribed by GSA GEN. REG. NO. 27

RESTRAINT OBSERVATION SHEET U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 3/24/04 Limb Restrained: Time In: Time Out: Limb Restrained: Time In: Time Out:

Left arm 1330 1524 Left leg 1330 1520

Right arm 1330 1520 Right leg 1330 1520

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|---------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Biting or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| | | | Q. Other: See Notes (SF 509) |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0730			1330	112 JIK	(b)(3):1	1930		
0145			0745			1345	112 JIK	0 USC	1945		
0200			0800			1400	112 JIK	§130b,(2000		
0215			0815			1415	112 JIK	b)(6)	2015		
0230			0830			1430	112 JIK		2030		
0245			0845			1445	112 JIK		2045		
0300			0900			1500	112 JIK		2100		
0315			0915			1515	112 JIK		2115		
0330			0930			1530			2130		
0345			0945			1545			2145		
0400			1000			1600			2200		
0415			1015			1615			2215		
0430			1030			1630			2230		
0445			1045			1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		
Signature		Initials	Signature		Initials	(b)(3):10 USC §130b,(b)(6)					

693pm