

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
5/31/06			
0800		INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE	
		Detainee placed in restraints as per current Guard Force Protocol.	
		Reason for Restraint: Medical Necessity	
		Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.	
		His behavior is due to his refusal to eat and not due to mental status change or illness.	
		Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered	
		food at every meal, yet he refuses to eat. Because the detainee refuses to eat,	
		restraints were initiated for medical necessity for feeding.	
		The Detainee is informed that medical restraints will not be necessary	
		if he chooses to eat.	
		<div style="text-align: right;">(b)(3):10 USC §130b,(b)(6)</div>	
		GITMO Nurse	
5/31/06		PROCEDURE NOTE: INSERTION OF FEEDING TUBE	
0822		Indication: Malnutrition; hunger strike	
		Under local anesthesia (viscous lidocaine, 2%), a 40 F <u>12 F</u> enteral feeding tube was	
		inserted in the R/L <u>R/L</u> nostril using standard procedure. A stylet was <u>was not used</u> .	
		Patient tolerated the procedure well. Placement in stomach was confirmed by	
		insufflation and test dose of water. Successful procedure without complications .	
		<div style="text-align: right;">(b)(3):10 USC §130b,(b)(6)</div>	
		GITMO Dr. / Nurse	
5/31/06		DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE	
0905		Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding	
		and was released from restraints and returned to his cell in good condition. Detainee was	
		released from restraints at <u>0905</u> Detainee had <u>did not have</u> physical injury from the restraint	
		episode. Detainee reported the following problems related to the restraint episode .	
		<div style="text-align: right;">(b)(3):10 USC §130b,(b)(6)</div>	
		GITMO Nurse	
		(continue on)	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

PROGRESS NOTES
Medical Record

STANDARD FORM 609 (REV. 7-91)
Prescribed by OSA/CMR, FORM 141CK

RESTRAINT OBSERVATION SHEET

U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 5/31/00 Limb Restrained: Time In: Time Out: Limb Restrained: Time In: Time Out:

Left arm 0822 0905 Left leg 0822 0905

Right arm 0822 0905 Right leg 0822 0905

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| *Minimal Time Requirements | | | Q. Other: See Notes (SF 509) |

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0730			1330			1930		
0145			0745			1345			1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845			1445			2045		
0300			0900			1500			2100		
0315			0915			1515			2115		
0330			0930			1530			2130		
0345			0945			1545			2145		
0400			1000			1600			2200		
0415			1015			1615			2215		
0430			1030			1630			2230		
0445			1045			1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		

(b)(3):10 USC §130b,(b)(6)

Signature	Initials	Signature	Initials

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
30 MAY 06			RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING		
0730			Place Detainee in restraints as per current Guard Force Protocol		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints		
			Circulation checks every 15 minutes for the first hour and then every hour		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist		
			GITMO Dr. (b)(3):10 USC §130b,(b)(6)		
			INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE		
			Reason for Restraint: Medical Necessity for Feeding		
			Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.		
			Detainee will be observed continually while in medical restraints.		
			The Detainee is informed that medical restraints will not be necessary if he chooses to eat.		
			GITMO (b)(3):10 USC §130b,(b)(6)		
			(b)(3):10 USC §130b,(b)(6)		

(continue on reverse)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME, middle; grade; rank; rate; hospital or medical facility)

MEDICAL RECORD

STANDARD FOR SUS (REV. 3-94)

Prescribed by 35A10MR, FORM 11 OFR 201 9 202 1

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
5/30/04			
1348		INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE	
		Detainee placed in restraints as per current Guard Force Protocol.	
		Reason for Restraint: <u>Medical Necessity</u>	
		Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.	
		His behavior is due to his refusal to eat and not due to mental status change or illness.	
		Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered	
		food at every meal, yet he refuses to eat. Because the detainee refuses to eat,	
		restraints were initiated for medical necessity for feeding.	
		The Detainee is informed that medical restraints will not be necessary	
		if he chooses to eat.	
		GITMO Nurse	
		(b)(3):10 USC §130b,(b)(6)	
5/30/04		PROCEDURE NOTE: INSERTION OF FEEDING TUBE	
1350		Indication: Malnutrition; hunger strike	
		Under local anesthesia (viscous lidocaine, 2%), a 10 F / 12 F enteral feeding tube was	
		inserted in the R / L nostril using standard procedure. A stylet was / was not used.	
		Patient tolerated the procedure well. Placement in stomach was confirmed by	
		insufflation and test dose of water. Successful procedure w	
		GITMO Dr. / Nurse	
5/30/04		DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE	
1423		Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding	
		and was released from restraints and returned to his cell in good condition. Detainee was	
		released from restraints at 1423. Detainee had / did not have physical injury from the restraint	
		episode. Detainee reported the following problem	
		GITMO Nurse	
		(b)(3):10 USC §130b,(b)(6)	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank, rate; hospital or medical facility)

PROGRESS NOTES
Medical Record

3 (STANDARD FORM 509 (REV. 7-90)
Prescribed by GSA/COMPTON, FPMR (41 CFR)

RESTRAINT OBSERVATION SHEET

U.S. Naval Hospital Guantanamo Bay, Cuba

Date:	Limb Restrained:	Time In:	Time Out:	Limb Restrained:	Time In:	Time Out:
5/30/00	Left arm	1348	1403	Left leg	N/A	N/A
	Right arm	1348	1403	Right leg	N/A	N/A

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| *Minimal Time Requirements | | | Q. Other: See Notes (SF 509) |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials		
0000			0600			1200			1800				
0015			0615			1215			1815				
0030			0630			1230			1830				
0045			0645			1245			1845				
0100			0700			1300			1900				
0115			0715			1315			1915				
0130			0730			1330			1930				
0145			0745			1345			1945				
0200			0800			1400			2000				
0215			0815			1415			2015				
0230			0830			1430			2030				
0245			0845			1445			2045				
0300			0900			1500			2100				
0315			0915			1515			2115				
0330			0930			1530			2130				
0345			0945			1545			2145				
0400			1000			1600			2200				
0415			1015			1615			2215				
0430			1030			1630			2230				
0445			1045			1645			2245				
0500			1100			1700			2300				
0515			1115			1715			2315				
0530			1130			1730			2330				
						1745			2345				
b(3):10 USC §130b,(b)(6)						Signature		Initials		Signature		Initials	

Addressograph

Abstract: The purpose of this study was to determine the effect of a 12-week training program on the physical fitness of 10-year-old children. The study was conducted in a primary school in the city of Ankara, Turkey. The children were divided into two groups: a control group and an experimental group. The experimental group participated in a 12-week training program that included aerobic, strength, and flexibility exercises. The physical fitness of the children was measured at the beginning and end of the training program using a series of tests. The results of the study showed that the experimental group had significantly higher levels of physical fitness than the control group at the end of the training program. The findings of this study suggest that a 12-week training program can improve the physical fitness of 10-year-old children.

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MEDICAL RECORD

CHRONOLOGICAL RECORD OF MEDICAL CARE

DATE	SYMPTOMS, DIAGNOSIS, TREATMENT TREATING ORGANIZATION (Sign each entry) JTF -JMG, Medical Department, Guantanamo Bay, Cuba
30 MAY 06	(b)(2)
1305	Progress Note - Medical Staff
	Patient offered a meal but refused - enteral feeds as recommended? voluntarily accepted oral food. Chart reviewed. Detainee appears to be well hydrated. His condition is good.
	- Detainee has new complaints.
	Weight: 156.5 lbs (5/30/06)
	Vitals: Temp: 95.5 HR: 82 /min RR: 14 /min BP: 119/72
	67
	EF Day #: 155
	Goal daily kcal: 2210
	Received:
	1 can Jevity 1.5 + 3 cans Jevity 1.0 > BID
	<input checked="" type="checkbox"/> Compliant <input type="checkbox"/> Non-compliant with enteral feeding <input checked="" type="checkbox"/> Required medical restraints
	The detainee was informed that the intent of the medical staff is to safely and effectively maximize nutrition and hydration. The detainee was advised that continued hunger striking is hazardous to his health.
	PLAN: <input checked="" type="checkbox"/> Continue with current regimen <input type="checkbox"/> Close medical observation
	<input type="checkbox"/> Change to following:
	→ Temp likely spurs. Rnd in am.
	→ Weight graph tomorrow.
	JTF GTMO Detention Hospital
	(b)(3):10 USC §130b,(b)(6)

DETAINEE'S IDENTIFICATION NUMBER:

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CHRONOLOGICAL RECORD OF MEDICAL CARE
 MEDICAL RECORD
 STANDARD FORM 600 (rev. 9/05)

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
30 MAY 06	0730		RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING		
			Place Detainee in restraints as per current Guard Force Protocol		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints		
			Circulation checks every 15 minutes for the first hour and then every hour		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist		
			GITMO Dr (b)(3):10 USC §130b,(b)(6)		
			INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE		
			Reason for Restraint: Medical Necessity for Feeding		
			Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints. Detainee will be observed continually while in medical restraints. The Detainee is informed that medical restraints will not be necessary if he chooses to eat.		
			GITMO Dr (b)(3):10 USC §130b,(b)(6)		
			<div style="border: 1px solid black; padding: 5px; display: inline-block;"> (b)(3):10 USC §130b,(b)(6) </div>		

(continue on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S ORDERS
MEDICAL RECORD

693 A

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
5/30/06	0833	INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY- - NURSING NOTE	
		Detainee placed in restraints as per current Guard Force Protocol.	
		Reason for Restraint: <u>Medical Necessity</u>	
		Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.	
		His behavior is due to his refusal to eat and not due to mental status change or illness.	
		Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered	
		food at every meal, yet he refuses to eat. Because the detainee refuses to eat,	
		restraints were initiated for medical necessity for feeding.	
		The Detainee is informed that medical restraints will not be necessary	
		if he chooses to eat.	
		(b)(3):10 USC §130b,(b)(6)	
		GITMO Nurse	
5/30/06	0840	PROCEDURE NOTE: INSERTION OF FEEDING TUBE	
		Indication: Malnutrition; hunger strike	
		Under local anesthesia (viscous lidocaine, 2%), a 10 F / <u>12 F</u> enteral feeding tube was	
		inserted in the <u>R / L</u> nostril using standard procedure. A stylet was <u>was not used</u> .	
		Patient tolerated the procedure well. Placement in stomach was confirmed by	
		insufflation and test dose of water. Successful procedure.	
		(b)(3):10 USC §130b,(b)(6)	
		GITMO Dr. / Nurse	
5/30/06	0900	DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE	
		Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding	
		and was released from restraints and returned to his cell in good condition. Detainee was	
		released from restraints at <u>0900</u> Detainee had <u>did not have</u> physical injury from the restraint	
		episode. Detainee reported the following problem: (b)(3):10 USC §130b,(b)(6)	
		GITMO Nurs	
		(continue on)	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

PROGRESS NOTES
Medical Record

STANDARD FORM 503 (REV. 7-91)
Prescribed by GSA/ICMR, FORM 5 (4100)

RESTRAINT OBSERVATION SHEET **U.S. Naval Hospital Guantanamo Bay, Cuba**

Date: 5/30/06 Limb Restrained: Time In: Time Out: Limb Restrained: Time In: Time Out:

Left arm 0833 0900 Left leg N/A N/A

Right arm 0833 0900 Right leg N/A N/A

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| | | | Q. Other: See Notes (SF 509) |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
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0145			0745			1345			1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845			1445			2045		
0300			0900			1500			2100		
0315			0915			1515			2115		
0330			0930			1530			2130		
0345			0945			1545			2145		
0400			1000			1600			2200		
0415			1015			1615			2215		
0430			1030			1630			2230		
0445			1045			1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
						1745			2345		

(b)(3):10 USC §130b,(b)(6)

Signature: _____ Initials: _____ Signature: _____ Initials: _____

Addressograph

6930

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
5/29/04			RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING		
			Place Detainee in restraints as per current Guard Force Protocol		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints		
			Circulation checks every 15 minutes for the first hour and then every hour		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist	(b)(3):10 USC §130b,(b)(6)	
			GITMO Dr.		
			INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE		
			Reason for Restraint: Medical Necessity for Feeding		
			Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There		
			is no evidence that medications or a medical process is causing this detainee's		
			refusal to eat. Detainee does not have any medical condition/disability that would place		
			him at greater risk during feeding using medical restraints.		
			Detainee will be observed continually while in medical restraints.		
			The Detainee is informed that medical restraints will not be necessary		
			if he chooses to eat.		
				(b)(3):10 USC §130b,(b)(6)	
			GITMO Dr.	(b)(3):10 USC §130b,(b)(6)	
			Noted 5/29/04 1330		

(continue on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S ORDERS
MEDICAL RECORD

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