

RESTRAINT OBSERVATION SHEET

U.S. Naval Hospital Guantánamo Bay, Cuba

Date:	Limbs Restrained:	Time In:	Time Out:	Limbs Restrained:	Time In:	Time Out:
<u>8/13/04</u>	Left arm	<u>0830</u>	<u>1030</u>	Left leg	<u>0830</u>	<u>1030</u>
	Right arm	<u>0830</u>	<u>1030</u>	Right leg	<u>0830</u>	<u>1030</u>

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 3. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Crying | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|-------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0600			0600			1200		
0615			0615			1215		
0630			0630			1230		
0645			0645			1245		
0700			0700			1300		
0715			0715			1315		
0730			0730			1330		
0745			0745			1345		
0800			0800			1400		
0815			0815			1415		
0830			0830	1D2+JK		1430		
0845			0845	1D2+JK		1445		
0900			0900	1D2+JK		1500		
0915			0915	1D2+JK		1515		
0930			0930	1D2+JK		1530		
0945			0945	1D2+JK		1545		
1000			1000	1D2+JK		1600		
1015			1015	1D2+JK		1615		
1030			1030	1D2+JK		1630		
1045			1045			1645		
1100			1100			1700		
1115			1115			1715		
1130			1130			1730		
1145			1145			1745		

Signature:	Initials:	Signature:	Initials:	(b)(3):10 USC §130b,(b)(6)

Initials: _____

6/13/04

Initials: _____

MEDICAL RECORD		DOCTOR'S ORDERS (Sign all orders)		DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
DATE AND TIME	RX	DRUG ORDERS			
START	STOP				
<i>2 May 06</i>	<i>0700</i>	RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING			
		Place Detainee in (b)(1) Sec			
		Reason For Restraint: Medical Necessity for Feeding			
		Medical Restraints order expires after 12 hours			
		Line of Sight Observation while in restraints.			
		Circulation checks every 15 mins for the first hour and then every hour			
		Vital signs checks immediately after restraints and every 1 hour.			
		Offer restroom and fluids every 2 hours			
		Initiate Restraint Observation Checklist			
		(Orders to be signed by Licensed Independent Practitioner (LIP)) §130b,(b)(6) GITMO		(b)(3):10 USC §130b,(b)(6) P) within 1 hour of restraints)	
		INITIATION OF RESTRAINTS -- MEDICAL NECESSITY			
		Reason for Restraint: Medical Necessity for Feeding			
		Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.			
		Detainee will be observed continually while in medical restraints.			
		Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be required.			
		(b)(3):10 USC §130b,(b)(6) GITMO			

(continue on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first,

middle, grade; rank, rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORD	PROGRESS NOTES (Sign all orders)	
	DATE AND TIME	
3/13/02 C 1515	INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - NURSING NOTE Detainee placed in (b)(1) Reason for Restraint: Medical Necessity <p>Detainee was advised by the Medical Staff that hunger striking is detrimental to his health. His behavior is due to his refusal to eat and not due to mental status change or illness. Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered food at every meal, yet he refuses to eat. Because the detainee refuses to eat, restraints were initiated for medical necessity for feeding. Detainee will be observed continually and he will be reminded of how his behavior must change (he must eat voluntarily) to avoid the use of medical restraints for present and future feedings. Detainee was told that he will remain in medical restraints until feed and post feed observation (60-120 minutes).</p> <div style="text-align: right;">(b)(3):10 USC §130b,(b)(6) GITMO Nurse</div>	
3/13/02 C 1515	PROCEDURE NOTE: INSERTION OF FEEDING TUBE Indication: Malnutrition; hunger strike <p>Under local anesthesia (viscous lidocaine, 2%), a 10 F 12 F enteral feeding tube was inserted in the R L nostril using standard procedure. A stylet was / was not used. Patient tolerated the procedure well. Placement in stomach was confirmed by insufflation and test dose of water. Successful procedure without complications.</p> <div style="text-align: right;">(b)(3):10 USC §130b,(b)(6) GITMO Dr. / Nurse</div>	
3/13/02 C 1510	DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding and was released from restraints and returned to his cell in good condition. Detainee was released from restraints at 1500. Detainee had / did not have physical injury from the restraint episode. Detainee reported the following problems related to the restraint episode. <div style="text-align: right;">(b)(3):10 USC §130b,(b)(6) GITMO Nurse (cont. page)</div>	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME - last, first, middle, grade/rank, rate, hospital or medical facility)

6331

PROGRESS NOTES
Medical Record

RESTRAINT OBSERVATION SHEET
U.S. Naval Hospital Guantanamo Bay, Cuba

WITNESSED AND SIGNED as follows:

Date: 3/12/04 Limb Restrained: Left arm Time In: 1315 Time Out: 1310 Limb Restrained: Left leg Time In: 1315 Time Out: 1310
Right arm 1315 1310 Right leg 1315 1310

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

1. Line of sight
 2. Beating or kicking door
 3. Yelling or screaming
 4. Cursing
 5. Crying
 6. Laughing

7. Talking
 8. Mumbling incoherently
 9. Standing
 10. Walking or pacing
 11. Lying down
 12. Sitting

13. Quiet
 14. Sleeping
 15. Requesting release
 16. Harmful to self
 17. Threatening staff
 18. Assaultive

19. Crawling
 20. Noncommunicative
 21. Destructive Behavior
 22. Disrobing
 23. Urinating/defecating on floor
 24. Other: See Notes (SF 509)

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

***Minimal Time Requirements**

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0600			1200			1800		
0615			1215			1815		
0630			1230			1830		
0645			1245			1845		
0700			1300			1900		
0715			1315	(b)(3)		1915		
0730			1330	10		1930		
0745			1345	USC		1945		
0800			1400	§130		2000		
0815			1415	b.(b)(6)		2015		
0830			1430			2030		
0845			1445			2045		
0900			1500			2100		
0915			1515			2115		
0930			1530			2130		
0945			1545			2145		
1000			1600			2200		
1015			1615			2215		
1030			1630			2230		
1045			1645			2245		
1100			1700			2300		
1115			1715			2315		
1130			1730			2330		
1145			1745			2345		

Signatures: [Redacted] Initials: [Redacted] Signature: [Redacted] Initials: [Redacted] (b)(3):10 USC §130b,(b)(6)

MEDICAL RECORD		DOCTOR'S ORDERS (Sign all orders)	
DATE AND TIME	RX	DRUG ORDERS	DOCTOR'S SIGNATURE
START	STOP		NURSE'S SIGNATURE
24/01/06		RESTRANT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING	
0700		Place Detainee in (b)(1) Sec	
		Reason For Restraint: Medical Neceasity for Feeding	
		Medical Restraints order expires after 12 hours	
		Line of Sight Observation while in restraints.	
		Circulation checks every 15 mins for the first hour and then every hour.	
		Vital signs checks immediately after restraints and every 1 hour.	
		Offer restroom and fluids every 2 hours	
		Initiate Restraint Observation Checklist	
		(Orders to be signed by Licensed Independents (b)(3):10 USC §130b,(b)(6)) GITMO Dr.	(P) within 1 hour of restraints) GITMO Dr.
		INITIATION OF RESTRAINTS -- MEDICAL	
		Reason for Restraint: Medical Necessity for Feeding	
		Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.	
		Detainee will be observed continually while in medical restraints.	
		Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be re	(b)(3):10 USC §130b,(b)(6) GITMO Dr.

(Continue on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES ONLY: NAME - last, first, middle, grade, rank; tab, hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORD	DATE AND TIME	PROGRESS NOTES (Sign all orders)	
2/12/01 P (690)	INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - NURSING NOTE Detainee placed in (b)(1) Sec Reason for Restraint: Medical Necessity <p>Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.</p> <p>His behavior is due to his refusal to eat and not due to mental status change or illness.</p> <p>Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered food at every meal, yet he refuses to eat. Because the detainee refuses to eat, restraints were initiated for medical necessity for feeding.</p> <p>Detainee will be observed continually and he will be reminded of how his behavior must change (he must eat voluntarily) to avoid the use of medical restraints for present and future feedings. Detainee was told that he will remain in medical restraints until feed and post feed observation (60-120 minutes).</p> <p style="text-align: right;">(b)(3):10 USC §130b,(b)(6) GITMO Nurse</p>		
3/12/01 P (690)	PROCEDURE NOTE: INSERTION OF FEEDING TUBE <p>Indication: Malnutrition; hunger strike</p> <p>Under local anesthesia (viscous lidocaine, 2%), a <u>10 F</u> / <u>12 F</u> enteral feeding tube was inserted in the <u>R</u> / <u>L</u> nostril using standard procedure. A stylet was / was not used.</p> <p>Patient tolerated the procedure well. Placement in stomach was confirmed by insufflation and test dose of water. Successful procedure without complications.</p> <p style="text-align: right;">(b)(3):10 USC §130b,(b)(6) GITMO Dr. / Nurse</p>		
2/12/01 P (690)	DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE <p>Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding and was released from restraints and returned to his cell in good condition. Detainee was released from restraints at <u>1630</u>. Detainee had / did not have physical injury from the restraint episode. Detainee reported the following problems related to the restraint episode.</p> <p style="text-align: right;">(b)(3):10 USC §130b,(b)(6) GITMO Nurse <small>(initials on reverse)</small></p>		

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME - last, first, middle, grade/rank/ rate, hospital or medical facility)

PROGRESS NOTES
Medical Record

U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 3/12/04 Limb Restrained: Time In: 0840 Time Out: 1030 Limb Restrained: Time In: 0840 Time Out: 1030
 Left arm 0840 Right arm 0840 Left leg 0840 Right leg 0840

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawing |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|------------------------------|-----------------------------|---------------------------------|-------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| *Minimal Time Requirements | | | |
| Q. Other: See Notes (SF 509) | | | |

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0600			0606			1200		
0615			0615			1215		
0630			0630			1230		
0645			0645			1245		
0700			0700			1300		
0715			0715			1315		
0730			0730			1330		
0745			0745			1345		
0800			0800			1400		
0815			0815			1415		
0830			0830	(b)(3):1 0 USC §130b,(b)(6)		1430		
0845			0845	10 JTK		1445		
0900			0900	10 JTK		1500		
0915			0915	10 JTK		1515		
0930			0930	10 JTK		1530		
0945			0945	10 JTK		1545		
1000			1000	10 JTK		1600		
1015			1015	10 JTK		1615		
1030			1030	10 JTK		1630		
1045			1045	10 JTK		1645		
1100			1100			1700		
1115			1115			1715		
1130			1130			1730		
1145			1145			1745		
Signatures			Initials	Signature		Initials	Signature	
								(b)(3):10 USC §130b,(b)(6)

MEDICAL RECORD		DOCTOR'S ORDERS (Sign all orders)		DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
DATE AND TIME		DRUG ORDERS			
START	STOP	RX			
RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING					
Place Detainee in (b)(1) Sec					
Reason For Restraint: Medical Necessity for Feeding					
Medical Restraints order expires after 12 hours					
Line of Sight Observation while in restraints.					
Circulation checks every 15 mins for the first hour and then every hour.					
Vital signs checks immediately after restraints and every 1 hour.					
Offer restroom and fluids every 2 hours					
Initiate Restraint Observation Checklist					
(Orders to be signed by Licensed Independent Practitioner (LIP) within 1 hour of restraints)					
<i>Note to: Name Block 1300</i>		(b)(3):10 USC \$130b.(b)(6)	GITMO		
INITIATION OF RESTRAINTS – MEDICAL					
Reason for Restraint: Medical Necessity for Feeding					
Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.					
Detainee will be observed continually while in medical restraints.					
Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be required					
		(b)(3):10 USC \$130b.(b)(6)	GITMO D		

(initials on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME - last, first,

(middle grade; rank; rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORDS DATE AND TIME	PROGRESS NOTES (Sign all orders)	
	<i>11/14/06 C 1330</i>	INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - NURSING NOTE Detainee placed in (b)(1) Sec Reason for Restraint: Medical Necessity Detainee was advised by the Medical Staff that hunger striking is detrimental to his health. His behavior is due to his refusal to eat and not due to mental status change or illness. Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered food at every meal, yet he refuses to eat. Because the detainee refuses to eat, restraints were initiated for medical necessity for feeding. Detainee will be observed continually and he will be reminded of how his behavior must change (he must eat voluntarily) to avoid the use of medical restraints for present and future feedings. Detainee was told that he will remain in medical restraints until feed and post feed observation (60-120 minutes). (b)(3):10 USC §130b,(b)(6)
	GITMO Nurse	
	PROCEDURE NOTE: INSERTION OF FEEDING TUBE Indication: Malnutrition; hunger strike <i>11/14/06 C 1330</i> Under local anesthesia (viscous lidocaine, 2% (b)(3):10 USC §130b) 0 F / x12 F Enteral feeding tube was inserted in (b)(3):10 USC §130b nostril using standard procedure. A stylet was / was not used. Patient tolerated the procedure well. Placement in stomach was confirmed by insufflation and test dose of water. Successful procedure without complication (b)(3):10 USC §130b (b)(6)	
	GITMO Dr. / Nurse	
	DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE <i>11/14/06 C 1330</i> Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding and was released from restraints and returned to his cell in good condition. Detainee was released from restraints at (b)(3):10 USC §130b . Detainee did not have physical injury from the restraint episode. Detainee reported the following problems related to the restraint episode (b)(3):10 USC §130b (b)(6)	
	GITMO Nurse	

(continue on reverse side.)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle grade; rank; rate; hospital or medical facility)

XHJ

PROGRESS NOTES
Medical Record

RESTRAINT OBSERVATION SHEET

U.S. Naval Hospital Guantanamo Bay, Cuba

Date:	Limb Restrained:	Time In:	Time Out:	Limb Restrained:	Time In:	Time Out:
10/10/02	Left arm Right arm	1230 1230	1325 1325	Left leg Right leg	1320 1330	1325 1325

Observation (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|-------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200		
0015			0615			1215		
0030			0630			1230		
0045			0645			1245		
0100			0700			1300		
0115			0715			1315		
0130			0730			1330	(b)(3):10	
0145			0745			1345	USC	
0200			0800			1400	\$130	
0215			0815			1415	b.(b)(6)	
0230			0830			1430		
0245			0845			1445		
0300			0900			1500		
0315			0915			1515		
0330			0930			(b)(3):10		
0345			0945			1545		
0400			1000			1600		
0415			1015			1615		
0430			1030			1630		
0445			1045			1645		
0500			1100			1700		
0515			1115			1715		
0530			1130			1730		
0545			1145			1745		

Signature	Date	Signature	Date	Signature	Date

(b)(3):10 USC §130b,(b)(6)

QX/2