

RESTRAINT OBSERVATION SHEET

U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 4/1/04 Limb Restrained: Time In: Time Out: Limb Restrained: Time In: Time Out:

Left arm 0835 0910 Left leg 0835 0910

Right arm 0835 0910 Right leg 0835 0910

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| | | | Q. Other: See Notes (SF 509) |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0730						1930		
0145			0745						1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845			1445			2045		
0300			0900			1500			2100		
0315			0915			1515			2115		
0330			0930			1530			2130		
0345			0945			1545			2145		
0400			1000			1600			2200		
0415			1015			1615			2215		
0430			1030			1630			2230		
0445			1045			1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		

SECRET

(b)(3):1
0 USC
§130b,(
b)(6)

(b)(3):10 USC §130b,(b)(6)

Signature: _____ Initials: _____ Signature: _____ Initials: _____

693 A

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
20 APR 06	0730		RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING (b)(3) (b)(2) Place restraints as per Ground Force protocol Reason For Restraint: Medical Necessity for Feeding Medical Restraints order expires after 12 hours Line of Sight Observation while in restraints. Circulation checks every 15 mins for the first hour and then every hour. Vital signs checks every 4 hours. Offer restroom and fluids every 2 hours Initiate Restraint Observation Checklist (Orders to be signed by Licensed Independent (b)(3):10 USC §130b,(b)(6) within 1 hour of restraints) GITMO		
			INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE Reason for Restraint: Medical Necessity for Feeding Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints. Detainee will be observed continually while in medical restraints. (b)(3) Detainee was told 10 he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be required. (b)(3):10 USC §130b,(b)(6) GITMO (b)(3):10 USC §130b,(b)(6) 412006 1452 (continue on reverse)		

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
20 April	1450	INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE Detainee placed in (b)(2) Reason for Restraint: Medical Necessity Detainee was advised by the Medical Staff that hunger striking is detrimental to his health. His behavior is due to his refusal to eat and not due to mental status change or illness. Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered food at every meal, yet he refuses to eat. Because the detainee refuses to eat, restraints were initiated for medical necessity for feeding. Detainee will be observed continually and he will be reminded of how his behavior must change (he must eat voluntarily) to avoid the use of medical restraints for present and future feedings. Detainee was told that he will remain in medical restraints until feed and post feed observation (60-120 minutes). GITMO Nurse (b)(3):10 USC §130b,(b)(6)	
20 April	1505	PROCEDURE NOTE: INSERTION OF FEEDING TUBE Indication: Malnutrition; hunger strike Under local anesthesia (viscous lidocaine, 2%), a 10 F / 12 F enteral feeding tube was inserted in the (R) L nostril using standard procedure. A stylet was <u>was not used</u> . Patient tolerated the procedure well. Placement in stomach was confirmed by insufflation and test dose of water. Successful procedure without complications. GITMO Dr. / Nurse (b)(3):10 USC §130b,(b)(6)	
20 April	1606	DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding and was released from restraints and returned to his cell in good condition. Detainee was released from restraints at 1606 Detainee had <u>did not have</u> physical injury from the restraint episode. Detainee reported the following problems related to the restraint episode. GITMO Nurse (b)(3):10 USC §130b,(b)(6) (continue on reverse)	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME, middle; grade; rank; rate; hospital or medical facility)

PROGRESS NOTES
Medical Record

ST-PHARMED FORM 100 (REV 7-91)
Approved by NSA/CSS/ISS (410P)

RESTRAINT OBSERVATION SHEET **U.S. Naval Hospital Guantanamo Bay, Cuba**

Date: 20 Apr 2005 Limb Restrained: Time In: Time Out: Limb Restrained: Time In: Time Out:

Left arm 1505 1605 Left leg 1505 1605

Right arm 1505 1605 Right leg 1505 1605

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| | | | Q. Other: See Notes (SF 509) |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0730			1330			1930		
0145			0745			1345			1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845			1445			2045		
0300			0900			1500			2100		
0315			0915			1515	11/12/51K	(b)(3):10 USC	2115		
0330			0930			1530	11/12/51K	\$130b,(b)(6)	2130		
0345			0945			1545	11/12/51K		2145		
0400			1000			1600	11/12/51K		2200		
0415			1015			1615			2215		
0430			1030			1630			2230		
0445			1045			1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		
(b)(3):10 USC §130b,(b)(6)			Signature		Initials	Signature		Initials			

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MEDICAL RECORD

CHRONOLOGICAL RECORD OF MEDICAL CARE

DATE	SYMPTOMS, DIAGNOSIS, TREATMENT TREATING ORGANIZATION (Sign each entry) JTF -JMG, Medical Department, Guantanamo Bay, Cuba
20 APR 06	(b)(2)
1130	Progress Note - Medical Staff
	Patient offered a meal but refused - enteral feeds as recommended / voluntarily accepted oral food. Chart reviewed. Detainee appears to be well hydrated. His condition is good.
	- Detainee has new complaints.
	Weight: 149.6 lbs (4/20/06)
	Vitals: Temp: 98 F HR: 100 /min RR: 14 /min BP: 130/75
	EF Day #: 115
	Goal daily kcal: 2840
	Received:
	4 cans Jevity 1.5 BID
	<input checked="" type="checkbox"/> Compliant <input type="checkbox"/> Non-compliant with enteral feeding <input checked="" type="checkbox"/> Required medical restraints
	The detainee was informed that the intent of the medical staff is to safely and effectively maximize nutrition and hydration. The detainee was advised that continued hunger striking is hazardous to his health.
	PLAN: <input checked="" type="checkbox"/> Continue with current regimen <input type="checkbox"/> Close medical observation
	<input type="checkbox"/> Change to following:
	JTF GTMO Detention Hospital Dr. (b)(3):10 USC §130b,(b)(6)

DETAINEE'S IDENTIFICATION NUMBER:

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CHRONOLOGICAL RECORD OF MEDICAL CARE
MEDICAL RECORD
STANDARD FORM 600 (rev. 9/85)

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
201106			RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING		
0730			Place Detainee in (b)(2)		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints.		
			Circulation checks every 15 mins for the first hour and then every hour.		
			Vital signs checks every 4 hours.		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist		
			(Orders to be signed by Licensed Independent Practitioner (LIP) within 1 hour of restraints)		
			GITMO Dr (b)(3):10 USC §130b,(b)(6)		
			INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE		
			Reason for Restraint: Medical Necessity for Feeding		
			Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.		
			Detainee will be observed continually while in medical restraints.		
			Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be required.		
			(b)(3):10 USC §130b,(b)(6)		
			GITMO Dr (b)(3):10 USC §130b,(b)(6)		
			(b)(3):10 USC §130b,(b)(6)		

(continue on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S ORDERS
MEDICAL RECORD

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
20 Apr 06	0915	INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE	
		Detainee placed in (b)(2)	Reason for Restraint: Medical Necessity
		Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.	
		His behavior is due to his refusal to eat and not due to mental status change or illness.	
		Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered	
		food at every meal, yet he refuses to eat. Because the	
		detainee refuses to eat, restraints were initiated for medical necessity for feeding.	
		Detainee will be observed continually and he will be reminded of how his behavior must	
		change (he must eat voluntarily) to avoid the use of medical restraints for present	
		and future feedings. Detainee was told that he will remain in medical	
		restraints until feed and post feed observation (60-120)	(b)(3):10 USC §130b,(b)(6)
		GITMO Nurse	
		PROCEDURE NOTE: INSERTION OF FEEDING TUBE	
20 Apr 06	0933	Indication: Malnutrition; hunger strike	
		Under local anesthesia (viscous lidocaine, 2%), a 40 F 12 F enteral feeding tube was	
		inserted in the <u>R</u> nostril using standard procedure. A stylet was <u>not used</u> .	
		Patient tolerated the procedure well. Placement in stomach was confirmed by	
		insufflation and test dose of water. Successful procedure without complications.	
		GITMO Dr. / Nurse	(b)(3):10 USC §130b,(b)(6)
20 Apr 06	1130	DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE	
		Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding	
		and was released from restraints and returned to his cell in good condition. Detainee was	
		released from restraints at 1130. Detainee had <u>did not have</u> physical injury from the restraint	
		episode. Detainee reported the following problem (b)(3):10 USC §130b,(b)(6)	
		GITMO Nurse	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first,
middle, grade; rank; rate; hospital or medical facility)

PROGRESS NOTES
Medical Record

STANDARD FORM 500 (REV. 7-97)
Prescribed by GSA GEN. REG. NO. 27 (41 CFR)

GTMO JMG 980

RESTRAINT OBSERVATION SHEET U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 20 Apr 2006 Limb Restrained: Time In: Time Out: Limb Restrained: Time In: Time Out:
Left arm 0933 1130 Left leg 0933 1130
Right arm 0933 1130 Right leg 0933 1130

Observation: (every 15 minutes)*. Select the appropriate codes and initial each entry.

- | | | | |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight | 7. Talking | 13. Quiet | 19. Crawling |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping | 20. Noncommunicative |
| 3. Yelling or screaming | 9. Standing | 15. Requesting release | 21. Destructive Behavior |
| 4. Cursing | 10. Walking or pacing | 16. Harmful to self | 22. Disrobing |
| 5. Crying | 11. Lying down | 17. Threatening staff | 23. Urinating/defecating on floor |
| 6. Laughing | 12. Sitting | 18. Assaultive | 24. Other: See Notes (SF 509) |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- | | | | |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)* |
| B. Meal refused | F. Toilet refused | J. ROM (q 2 hr)* | N. Bath/shower refused |
| C. Fluids offered (q 2 hr)* | G. Medication accepted | K. RN observation (q 2 hr)* | O. Pt/staff interaction |
| D. Fluids refused | H. Medication refused | L. Physician Visit | P. VS (q 4 hr)* |
| | | | Q. Other: See Notes (SF 509) |

*Minimal Time Requirements

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
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0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0730			1330			1930		
0145			0745			1345			1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845			1445			2045		
0300			0900			1500			2100		
0315			0915			1515			2115		
0330			0930			1530			2130		
0345			0945			1545			2145		
0400			1000			1600			2200		
0415			1015			1615			2215		
0430			1030			1630			2230		
0445			1045			1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		

(b)(3):10 USC §130b,(b)(6)

(b)(3):10 USC §130b,(b)(6)		Signature	Initials	Signature	Initials

693 AM

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
19 APR 06			RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING		
0730			Place Detainee in (b)(2)		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints.		
			Circulation check (b)(3):15 mins for the first hour and then every hour.		
			Vital signs check (b)(3):10 USC §130b,(b)(6) 4 hours		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist		
			(Or (b)(3):10 USC §130b,(b)(6) licensed Independent (b)(3):10 USC §130b,(b)(6) within 1 hour of restraints)		
			GITM		
			INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE		
			Reason for Restraint: Medical Necessity for Feeding		
			Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.		
			Detainee will be observed continually while in medical restraints.		
			Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer (b)(3):10 USC §130b,(b)(6)		
			GITM		

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S SIGNATURE
NURSE'S SIGNATURE

MEDICAL RECORD		PROGRESS NOTES (Sign all orders)	
DATE AND TIME			
4/19/06 1430		INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE	
		Detainee placed in (b)(2) Reason for Restraint <u>Medical Necessity</u>	
		Detainee was advised by the Medical Staff that hunger striking is detrimental to his health. His behavior is due to his refusal to eat and not due to mental status change or illness. Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered food at every meal, yet he refuses to eat. Because the detainee refuses to eat, restraints were initiated for medical necessity for feeding. Detainee will be observed continually and he will be reminded of how his behavior must change (he must eat voluntarily) to avoid the use of medical restraints for present and future feedings. Detainee was told that he will remain in medical restraints until feed and post feed observation (60-120 minutes).	
		GITMO Nurse (b)(3):10 USC §130b,(b)(6)	
		PROCEDURE NOTE: INSERTION OF FEEDING TUBE	
		Indication: Malnutrition; hunger strike Under local anesthesia (viscous lidocaine, 2%), a 10 F / <u>X</u> 12 F enteral feeding tube was inserted in the <u>X</u> R / <u> </u> L nostril using standard procedure. A stylet was <u>not used</u> . Patient tolerated the procedure well. Placement in stomach was confirmed by insufflation and test dose of water. Successful procedure.	
		GITMO Dr. / Nurse (b)(3):10 USC §130b,(b)(6)	
		DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE	
		Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding and was released from restraints and returned to his cell in good condition. Detainee was released from restraints at 1600. Detainee had <u>did not have</u> physical injury from the restraint episode. Detainee reported the following problems:	
		GITMO Nurse (b)(3):10 USC §130b,(b)(6)	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME-Last, first, middle; grade; rank; (e.g., hospital or medical facility))

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