

**RESTRAINT OBSERVATION SHEET**  
 U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 9/19/06      Limb Restrained:      Time In:      Time Out:      Limb Restrained:      Time In:      Time Out:  
 Left arm      1430      1600      Left leg      1430      1600  
 Right arm      1430      1600      Right leg      1430      1600

- Observation: (every 15 minutes)\*. Select the appropriate codes and initial each entry.
- |                            |                          |                                   |
|----------------------------|--------------------------|-----------------------------------|
| 1. Lame of sight           | 7. Talking               | 13. Quiet                         |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping                      |
| 3. Yelling or screaming    | 9. Standing              | 15. Requesting release            |
| 4. Cursing                 | 10. Walking or pacing    | 16. Harmful to self               |
| 5. Crying                  | 11. Lying down           | 17. Threatening staff             |
| 6. Laughing                | 12. Sitting              | 18. Assaultive                    |
|                            |                          | 19. Crawling                      |
|                            |                          | 20. Noncommunicative              |
|                            |                          | 21. Destructive Behavior          |
|                            |                          | 22. Disrobing                     |
|                            |                          | 23. Urinating/defecating on floor |
|                            |                          | 24. Other: See Notes (SF 509)     |

- Monitoring/Care Provided: Select the appropriate codes and initial each entry.
- |                                |                             |                                 |                              |
|--------------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered                | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)*         |
| B. Meal refused                | F. Toilet refused           | J. ROM (q 2 hr)*                | N. Bath/shower refused       |
| C. Fluids offered (q 2 hr)*    | G. Medication accepted      | K. RN observation (q 2 hr)*     | O. Pt/staff interaction      |
| D. Fluids refused              | H. Medication refused       | L. Physician Visit              | P. VS (q 4 hr)*              |
| *Vital/Intake Time Requirement |                             |                                 | Q. Other: See Notes (SF 509) |

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials			
0000			0600			1200			1800					
0015			0615			1215			1815					
0030			0630			1230			1830					
0045			0645			1245			1845					
0100			0700			1300			1900					
0115			0715			1315			1915					
0130			0730			1330			1930					
0145			0745			1345			1945					
0200			0800			1400			2000					
0215			0815			1415			2015					
0230			0830			1430	1, 12, 13, B, E, I, K	(b)(3):10 USC §130b,(b)(6)	2030					
0245			0845			1445	1, 12, 13		2045					
0300			0900			1500	1, 12, 13, I, K		2100					
0315			0915			1515	1, 12, 13		2115					
0330			0930			1530	1, 12, 13, I, K		2130					
0345			0945			1545	1, 12, 13		2145					
0400			1000			1600	1, 12, 13, I, K		2200					
0415			1015			1615			2215					
0430			1030			1630			2230					
0445			1045			1645			2245					
0500			1100			1700			2300					
0515			1115			1715			2315					
0530			1130			1730			2330					
0545			1145			1745			2345					
(b)(3):10 USC §130b,(b)(6)			Signature			Initials			Signature			Initials		

693

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
19 APR 06	0730		<b>RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING</b>		
			Place Detainee in (b)(2)		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints.		
			Circulation checks every 15 mins for the first hour and then every hour.		
			Vital signs checks every 4 hours.		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist		
			(Orders to be signed by Licensed Independent Practitioner (LIP) within 1 hour of restraints)		
		(b)(3):10 USC §130b,(b)(6)	GITMO Dr	(b)(3):10 USC §130b,(b)(6)	
			<b>OF RESTRAINTS -- MEDICAL OFFICER NOTE</b>		
			Restraint: Medical Necessity for Feeding		
			Detainee being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.		
			Detainee will be observed continually while in medical restraints.		
			Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be required.		
			GITMO Dr	(b)(3):10 USC §130b,(b)(6)	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; gender; rank; later: hospital or medical facility)

REGISTER NO. WARD NO.

693<sup>A</sup>

DOCTOR'S SIGNATURE  
NURSE'S SIGNATURE

PROGRESS NOTES  
(Sign all orders)

MEDICAL RECORD  
DATE AND TIME

4/19/06

0854

INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - NURSING NOTE

Detainee placed in (b)(2) Reason for Restraint: Medical Necessity  
Detainee was advised by the Medical Staff that hunger striking is detrimental to his health. His behavior is due to his refusal to eat and not due to mental status change or illness. Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered food at every meal, yet he refuses to eat. Because the detainee refuses to eat, restraints were initiated for medical necessity for feeding. Detainee will be observed continually and he will be reminded of how his behavior must change (he must eat voluntarily) to avoid the use of medical restraints for present and future feedings. Detainee was told that he will remain in medical restraints until feed and post feed observation (60- (b)(3):10 USC §130b,(b)(6)  
GITMO Nurse

4/19/06

0854

PROCEDURE NOTE: INSERTION OF FEEDING TUBE

Indication: Malnutrition; hunger strike  
Under local anesthesia (viscous lidocaine, 2%), a 10 F / 12 F enteral feeding tube was inserted in the R / L nostril using standard procedure. A stylet was not used. Patient tolerated the procedure well. Placement in stomach was confirmed by insufflation and test dose of water. Successful procedure without complications.  
GITMO Dr. / Nurse (b)(3):10 USC §130b,(b)(6)

4/19/06

1035

DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE

Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding and was released from restraints and returned to his cell in good condition. Detainee was released from restraints at 1035 Detainee had did not have physical injury from the restraint episode. Detainee reported the following problem (b)(3):10 USC §130b,(b)(6)

GITMO Nurse

(continue on reverse)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME - LAST, FIRST, MIDDLE; or the clinic or hospital or medical facility)

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**RESTRAINT OBSERVATION SHEET**  
 U.S. Naval Hospital Guantanamo Bay, Cuba

Date: 4/19/06      Limb Restrained:      Time In:      Time Out:      Limb Restrained:      Time In:      Time Out:  
 Left arm      0850      1035      Left leg      0850      1035  
 Right arm      0850      1035      Right leg      0856      1035

Observation: (every 15 minutes)\*. Select the appropriate codes and initial each entry.

- |                            |                          |                        |                                    |
|----------------------------|--------------------------|------------------------|------------------------------------|
| 1. Line of sight           | 7. Talking               | 13. Quiet              | 19. Crawling                       |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping           | 20. Noncommunicative               |
| 3. Yelling or screaming    | 9. Standing              | 15. Requesting release | 21. Destructive Behavior           |
| 4. Cursing                 | 10. Walking or pacing    | 16. Harmful to self    | 22. Disrobing                      |
| 5. Crying                  | 11. Lying down           | 17. Threatening staff  | 23. Urinating, defecating on floor |
| 6. Laughing                | 12. Sitting              | 18. Assaultive         | 24. Other: See Notes (SF 509)      |

Monitoring/Care Provided: Select the appropriate codes and initial each entry.

- |                              |                             |                                 |                         |
|------------------------------|-----------------------------|---------------------------------|-------------------------|
| A. Meal offered              | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)*    |
| B. Meal refused              | F. Toilet refused           | J. ROM (q 2 hr)*                | N. Bath/shower refused  |
| C. Fluids offered (q 2 hr)*  | G. Medication accepted      | K. RN observation (q 2 hr)*     | O. Pt/staff interaction |
| D. Fluids refused            | H. Medication refused       | L. Physician Visit              | P. VS (q 4 hr)*         |
| *Minimal Time Requirements   |                             |                                 |                         |
| Q. Other: See Notes (SF 509) |                             |                                 |                         |

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0720			1330			1930		
0145			0745			1345			1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845	1, 2, 13, I, K	(b)(3):10	1445			2045		
0300			0900	1, 2, 13	USC	1500			2100		
0315			0915	1, 2, 13	§130b,(b)	1515			2115		
0330			0930	1, 2, 13, I, K	(6)	1530			2130		
0345			0945	1, 2, 13		1545			2145		
0400			1000	1, 2, 13		1600			2200		
0415			1015	1, 2, 13		1615			2215		
0430			1030	1, 2, 13, I, K		1630			2230		
0445			1045	1, 2, 13, I, K		1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		
Signature		Initials	(b)(3):10 USC §130b,(b)(6)				Signature		Initials		

693

MEDICAL RECORD

CHRONOLOGICAL RECORD OF MEDICAL CARE

SYMPTOMS, DIAGNOSIS, TREATMENT TREATING ORGANIZATION (Sign each entry)  
JTF -JMG, Medical Department, Guantanamo Bay, Cuba

DATE

19APR06

(b)(2)

1035

Progress Note - Medical Staff

Patient offered a meal but refused - enteral feeds as recommended / voluntarily accepted oral food.

Chart reviewed. Detainee appears to be well hydrated. His condition is good.

Weight: 148.1 lbs (4/19/06) % IBW based on 18APR06: 103%

Vitals: Temp: 98 F HR: 82 /min RR: 16 /min BP: 136/92

- Detainee's new complaints.

EF Day #: 114

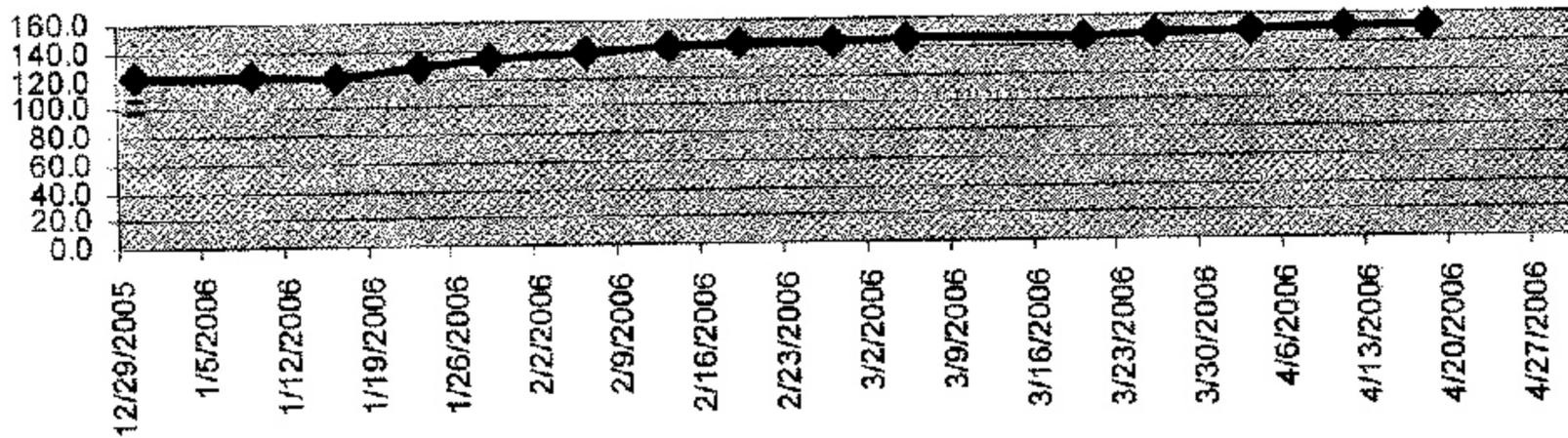
Goal daily kcal: 2840

Received: 4 cans Jevity 1.5 BID

Compliant  Non-compliant with enteral feeding  Required medical restraints

The intent of the medical staff to safely and effectively maximize nutrition and hydration. The detainee was advised that continued hunger striking is hazardous to his health.

Weight Trend, 693 (Jun 02: 172 lbs, 67 kg)



PLAN:

Continue with current regimen

Close medical observation

Change to following:

→ Cont to monitor - 100% goal in 100% new May & kcal in diet in future.

JTF GTMO Detention Hospital Dr

(b)(3):10 USC

§130b,(b)(6)

DETAINEE'S IDENTIFICATION NUMBER:

693

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
START	STOP				
18 APR 06			<b>RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING</b>		
0730			Place Detainee in (b)(2)		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints.		
			Circulation checks every 15 mins for the first hour and then every hour.		
			Vital signs checks every 4 hours.		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist		
			(Orders to be signed by Licensed Independent Practitioner (LIP) within 1 hour of restraints)		
			(b)(3):10 USC §130b,(b)(6) GITMO Dr. (b)(3):10 USC §130b,(b)(6)		
			<b>INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE</b>		
			Reason for Restraint: Medical Necessity for Feeding		
			Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.		
			Detainee will be observed continually while in medical restraints.		
			Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be required.		
			GITMO Dr. (b)(3):10 USC §130b,(b)(6)		

(Continue on reverse side)

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; grade; rank; rate; hospital or medical facility)

REGISTER NO. WARD NO.

DOCTOR'S SIGNATURE  
NURSE'S SIGNATURE

693°

**PROGRESS NOTES**  
(Sign all orders)

**MEDICAL RECORD**  
DATE AND TIME

**INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY - - NURSING NOTE**

18 APR 06  
e 1443

Detainee placed in (b)(2) Reason for Restraint: Medical Necessity

Detainee was advised by the Medical Staff that hunger striking is detrimental to his health. His behavior is due to his refusal to eat and not due to mental status change or illness. Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered food at every meal, yet he refuses to eat. Because the detainee refuses to eat, restraints were initiated for medical necessity for feeding. Detainee will be observed continually and he will be reminded of how his behavior must change (he must eat voluntarily) to avoid the use of medical restraints for present and future feedings. Detainee was told that he will remain in medical restraints until feed and post feed observation (60-120 minutes)

(b)(3):10 USC  
§130b,(b)(6)

GITMO Nurse

**PROCEDURE NOTE: INSERTION OF FEEDING TUBE**

18 APR 06  
C 1440

Indication: Malnutrition; hunger strike

Under local anesthesia (viscous lidocaine, 2%) inserted in the (b)(3):10 USC §130b,(b)(6) ~~nasal~~ <sup>enteral</sup> feeding tube was (b)(3):10 USC §130b,(b)(6) was not used.

Patient tolerated the procedure well. Placement in stomach was confirmed by (b)(3):10 USC §130b,(b)(6) insufflation and test dose of water. Successful procedure without complications

GITMO Dr. / Nurse

**DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE**

18 APR 06  
e 1635

Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding and was released from restraints and returned to his cell in good condition. Detainee was released from restraints at 1635. Detainee did not have physical injury from the restraint episode. Detainee reported the following problems related to the restraint episode

GITMO Nurse

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME-Last, first, middle; grade; rank; unit; hospital or medical facility)

613

**RESTRAINT OBSERVATION SHEET**  
 U.S. Naval Hospital Guantanamo Bay, Cuba

WB 100-10-10-10

Date: 18 APR 06      Limb Restrained:      Time In:      Time Out:      Limb Restrained:      Time In:      Time Out:

Left arm      1440      1635      Left leg      1440      1635

Right arm      1440      1635      Right leg      1440      1635

- Observation: (every 15 minutes) - Select the appropriate codes and initial each entry.
- |                            |                          |                        |                                   |
|----------------------------|--------------------------|------------------------|-----------------------------------|
| 1. Line of sight           | 7. Talking               | 13. Quiet              | 19. Crawling                      |
| 2. Beating or kicking door | 8. Mumbling incoherently | 14. Sleeping           | 20. Noncommunicative              |
| 3. Yelling or screaming    | 9. Standing              | 15. Requesting release | 21. Destructive Behavior          |
| 4. Cursing                 | 10. Walking or pacing    | 16. Harmful to self    | 22. Disturbing                    |
| 5. Crying                  | 11. Lying down           | 17. Threatening staff  | 23. Urinating/defecating on floor |
| 6. Laughing                | 12. Sitting              | 18. Assaultive         | 24. Other: See Notes (SF 509)     |

- Monitoring/Care Provided: Select the appropriate codes and initial each entry.
- |                             |                             |                                 |                              |
|-----------------------------|-----------------------------|---------------------------------|------------------------------|
| A. Meal offered             | E. Toilet offered (q 2 hr)* | I. Circulation checks (q 2 hr)* | M. Bath/shower (qd)*         |
| B. Meal refused             | F. Toilet refused           | J. ROM (q 2 hr)*                | N. Bath/shower refused       |
| C. Fluids offered (q 2 hr)* | G. Medication accepted      | K. RN observation (q 2 hr)*     | O. PT/staff interaction      |
| D. Fluids refused           | H. Medication refused       | L. Physician Visit              | P. VS (q 4 hr)*              |
| *Minimal Time Requirements  |                             |                                 | Q. Other: See Notes (SF 509) |

Time	Code	Initials	Time	Code	Initials	Time	Code	Initials	Time	Code	Initials
0000			0600			1200			1800		
0015			0615			1215			1815		
0030			0630			1230			1830		
0045			0645			1245			1845		
0100			0700			1300			1900		
0115			0715			1315			1915		
0130			0730			1330			1930		
0145			0745			1345			1945		
0200			0800			1400			2000		
0215			0815			1415			2015		
0230			0830			1430			2030		
0245			0845			1445			2045		
0300			0900			1500			2100		
0315			0915			1515			2115		
0330			0930			1530			2130		
0345			0945			1545			2145		
0400			1000			1600			2200		
0415			1015			1615			2215		
0430			1030			1630			2230		
0445			1045			1645			2245		
0500			1100			1700			2300		
0515			1115			1715			2315		
0530			1130			1730			2330		
0545			1145			1745			2345		
Signature		Initials	Signature		Initials	(b)(3):10 USC §130b,(b)(6)					

693

MEDICAL RECORD			DOCTOR'S ORDERS (Sign all orders)		
DATE AND TIME		RX	DRUG ORDERS	DOCTOR'S SIGNATURE	NURSE'S SIGNATURE
18 APR 06	0730		<b>RESTRAINT INITIATION ORDERS FOR MEDICAL NECESSITY FOR FEEDING</b>		
			Place Detainee in (b)(2)		
			Reason For Restraint: Medical Necessity for Feeding		
			Medical Restraints order expires after 12 hours		
			Line of Sight Observation while in restraints.		
			Circulation checks every 15 mins for the first hour and then every hour.		
			Vital signs checks every 4 hours.		
			Offer restroom and fluids every 2 hours		
			Initiate Restraint Observation Checklist		
			(Orders to be signed by Licensed Independent Practitioner (LIP) within 1 hour of restraints)		
NOTE: 17 APR 06 0900			(b)(3):10 USC §130b,(b)(6)	GITMO Dr.	(b)(3):10 USC §130b,(b)(6)
			<b>INITIATION OF RESTRAINTS -- MEDICAL OFFICER NOTE</b>		
			Reason for Restraint: Medical Necessity for Feeding		
			Despite being advised that hunger striking is detrimental to his health, the detainee refuses to eat. Restraints were ordered for medical necessity to facilitate feeding the detainee. There is no evidence that medications or a medical process is causing this detainee's refusal to eat. Detainee does not have any medical condition/disability that would place him at greater risk during feeding using medical restraints.		
			Detainee will be observed continually while in medical restraints.		
			Detainee was told that he will remain in restraints until feed and post feed observation time (60-120 minutes) is completed. Detainee understands that if he eats, that involuntary feeding in medical restraints will no longer be required.		
			GITMO Dr.	(b)(3):10 USC §130b,(b)(6)	

PATIENT'S IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME--last, first, middle; gender; rank; unit; hospital or medical facility)

REGISTER NO. WARD NO.

693<sup>A</sup>

PROGRESS NOTES

(Sign all orders)

MEDICAL RECORD

DATE AND TIME

INITIATION OF RESTRAINTS FOR MEDICAL NECESSITY- - NURSING NOTE

18 APR 04

Detainee placed in (b)(2) Reason for Restraint: Medical Necessity

00939

Detainee was advised by the Medical Staff that hunger striking is detrimental to his health.

His behavior is due to his refusal to eat and not due to mental status change or illness.

Medical Staff/Guards attempted to get the detainee to eat on his own. He is being offered

food at every meal, yet he refuses to eat. Because the

detainee refuses to eat, restraints were initiated for medical necessity for feeding.

Detainee will be observed continually and he will be reminded of how his behavior must

change (he must eat voluntarily) to avoid the use of medical restraints for present

and future feedings. Detainee was told that he will remain in medical

restraints until feed and post feed observation (60-120 minutes). (b)(3):10 USC §130b,(b)(6)

GITMO Nurse

PROCEDURE NOTE: INSERTION OF FEEDING TUBE

18 APR 06

Indication: Malnutrition; hunger strike (b)(3):10 USC §130b,(b)(6)

00939

Under local anesthetic (b)(3):10 USC §130b,(b)(6) 12 F enteral feeding tube was

inserted in the (b)(3):10 USC §130b,(b)(6) stril using standard procedure. A stylet (b)(3):10 USC §130b,(b)(6) was not used.

Patient tolerated the procedure well. Placement in stomach was confirmed by

insufflation and test dose of water. Successful procedure without complication (b)(3):10 USC §130b,(b)(6)

GITMO Dr. / Nurse

DISCONTINUATION OF RESTRAINTS NOTE AFTER FEEDING COMPLETE

18 APR 06

Reason for Restraint was for medical necessity for feeding. Detainee has received his feeding

01130

and was released from restraints and returned to his cell in good condition. Detainee was

released from restraints at 1130 Detainee (b)(3):10 USC §130b,(b)(6) did not have physical injury from the restraint

episode. Detainee reported the following problems related to the restraint episode (b)(3):10 USC §130b,(b)(6)

GITMO Nurse

IDENTIFICATION (FOR TYPED OR WRITTEN ENTRIES GIVE: NAME-Last, First, Middle Initial, grade, rank, title, hospital or institution (facility))

693